



AWARD WINNING HOMEMADE SOUPS YEAR ROUND FAVORITES

Made fresh - Always Available. Served with crackers, syrian or Italian bread

CLASSIC SOUPS

CLASSIC SOUPS	cup 5.25	bowl 6.25	32oz 11.95
- Chicken Noodle	- Chicken Gumbo	- Chicken Egg Lemon Rice	
- Broccoli and Cheddar	- Chicken Wild Rice	- Italian Wedding	
- Vegetarian Lentil			

SEASONAL CLASSIC SOUPS

Hungarian Mushroom - Vegetable Minestrone - Chicken Summer Vegetable - Tomato Rice - Tomato Basil Tortellini - Beef Orzo - Split Pea and Ham - Smashed Pea and Barley - Butternut Squash

CHOWDERS, CHILIS, STEWS

CHOWDERS, CHILIS AND STEWS	cup 5.85	bowl 6.85	32oz 13.95
- New England Clam Chowder	- Beef Chili	- Seasonal Chicken Stew	

SEASONAL CHOWDERS, CHILI AND STEWS

Chicken Bacon Corn Chowder - Seafood Chowder - Manhattan Clam Chowder - Chicken Chili - Seasonal Chicken Stew - Beef Stew
Bread Bowls Available Upon Request!!! • Gallons, 1/2 Gallons and Quarts of our Award Winning Homemade Soups are available with one day notice.
Ask your server for availability and pricing!

NOT SO LITTLE COMBOS

COMBINE ANY 2 OPTIONS 9.45

OPTION 1: 1/2 SANDWICH

Choose from any of the sandwiches on the Classic Deli Sandwich Menu (excluding wraps, ciabatta or pita bread)

OPTION 2: SIDE SALAD

Choose from any of the house salads on the Fresh Salads Menu

OPTION 3: CUP OF SOUP

Choose from any of the classic soups on the Homemade Soups Menu

PASTA

Served with homemade garlic bread

CHOOSE YOUR PASTA

- Penne \$6.75
- Linguine \$6.85

CHOOSE YOUR HOMEMADE SAUCE

- Marinara Sauce
- Basil Pesto
- Aglioolio (Garlic & Oil)
- Alfredo Sauce

CHOOSE ANY MEAT OR SEAFOOD

- (3) Meatballs OR (2) Sausage \$3.75
- Shrimp \$3.75
- Grilled Chicken \$3.25
- Side Order: (8) Shrimps \$4.95
- Meatballs & Sausage Combo \$3.95

SIGNATURE PASTA ENTREES

MACARONI AND CHEESE Five cheese blend with bread crumbs	8.50
BUFFALO CHICKEN MACARONI AND CHEESE	9.95
Five cheese blend, blue cheese, grilled buffalo chicken, celery, hot sauce with bread crumbs	
GRILLED CHICKEN PARMESAN Grilled chicken, melted cheese and tomato sauce	9.75
EGGPLANT PARMESAN Grilled eggplant, melted cheese, tomato sauce	8.75
PASTA PRIMAVERA Sautéed veggies in a lemon herb sauce	8.75
CHICKEN OR SHRIMP MEDITERRANEAN	9.95 10.95
Grilled chicken or shrimp, olive oil, baby spinach, fresh tomatoes, garlic, black olives and feta cheese	
CHICKEN OR SHRIMP TOSCANO	9.95 10.95
Sun dried tomato, spinach capers, mushrooms	
LOBSTER MAC AND CHEESE	14.95
BAKED MEAT LASAGNA	9.50
CHICKEN LASAGNA	9.50



CLASSIC DELI SANDWICHES

Build a sandwich from our fresh, homemade ingredients. Choose a sandwich filling, bread and cheese. All served with lettuce and tomato

SANDWICH FILLINGS

CHICKEN SALAD	7.25
CAPE COD CHICKEN SALAD	8.25
ALBACORE TUNA SALAD	7.95
FRESH ROAST TURKEY	7.95
FRESH ROAST SIRLOIN OR BEEF	8.50
BAKED BLACK FOREST HAM	7.95
ITALIAN	7.85
Genoa salami, cooked salami, capicola, mortadella ham, provolone	
EGG SALAD	7.25
SEAFOOD SALAD	7.99
BLT	8.25
GRILLED CHEESE	4.95



1/2 SANDWICHES AVAILABLE Ask your server for details

CHEESE SELECTIONS 75¢

- American
- Cheddar
- Swiss
- Yellow American
- Provolone
- Shredded Parmesan

BREAD SELECTIONS

- Country White
- Sub Roll
- Lite Rye
- Pita Pocket
- Wrap
- Whole Grain Wheat
- Bulkie Roll
- Dark Rye
- Ciabatta

Gluten free wraps available on request

SANDWICH ADD-ONS

CONDIMENTS

- Mayonnaise
- Horseradish
- Italian Dressing
- Spicy Mustard
- Chipotle Mayo
- Hot Pepper Relish
- Dijon Mustard
- Honey Mustard
- Ranch
- 1000 Island Dressing
- Yellow Mustard
- Ketchup
- Oil & Vinegar

COMPLIMENTARY

- Lettuce
- Cucumber
- Peppers
- Banana Peppers
- Black Olives
- Tomato
- Shredded Carrots
- Onions
- Pickle
- Jalapenos

EXTRAS

- Bacon \$2.75
- Roasted Peppers 75¢
- Feta Cheese \$1.95
- Guacamole \$1.75
- Fresh Avocado \$2.95
- Fresh Mozzarella \$1.95
- Baby Spinach 75¢
- Extra Cheese 75¢

STEAK & CHEESE

Served on your choice of bread with your choice of cheese

STEAK AND CHEESE Basic steak and cheese	7.49
STEAK DELUXE Grilled mushrooms, onions and peppers	7.99
STEAK BOMB	8.99
Grilled mushrooms, onions, peppers, pepperoni and genoa salami	



EXTRAS AND ADD ONS

- Grilled Mushrooms 50¢
- Extra Cheese 75¢
- Grilled Onions 50¢
- Feta Cheese \$1.45
- Grilled Peppers 50¢
- Mozzarella Cheese \$1.45
- Pepperoni 99¢
- Salami 99¢

SALAD WRAPS



GARDEN SALAD ROLL UP	6.95
Mixed field greens, tomato, cucumber, onion, peppers and shredded carrots	
CAESAR SALAD ROLL UP	6.95
Romaine lettuce, shredded parmesan, homemade croutons and caesar dressing	
GREEK SALAD ROLL UP	7.95
Mixed field greens, tomato, cucumber, onion, Kalamata olives, feta cheese, pepperoncini and Greek dressing	

CONSUMER ADVISORY WARNING FOR RAW FOODS IN COMPLIANCE WITH THE DEPARTMENT OF PUBLIC HEALTH, WE ADVISE THAT EATING RAW OR UNDERCOOKED MEAT, POULTRY, OR SEAFOOD POSES A RISK TO YOUR HEALTH.
TO ALL OUR CUSTOMERS:
BEFORE ORDERING PLEASE INFORM YOUR SERVER IF SOMEONE IN YOUR PARTY HAS A FOOD ALLERGY
ADD STATE MEAL TAX TO ALL PRICES • PRICES, ITEMS, & OFFERS ARE SUBJECT TO CHANGE WITHOUT NOTICE

VEGETARIAN SIGNATURES

GARDEN VEGGIE BURGER Lettuce, tomato, mayo, American cheese on bulkie roll	7.95
GRILLED VEGGIE POCKET	7.95
Broccoli, mushrooms, onions, peppers, zucchini, carrots, lettuce, tomato, American cheese and ranch dressing	
HUMMUS AND TABOULEH Lettuce, tomato, carrots, cucumber, tahini on wrap	7.95
ROASTED EGGPLANT Baby spinach, hummus, tomato, tahini on wrap	8.25
MEDITERRANEAN	8.25
Baby spinach, onion, tomato, olives, cucumber, feta cheese, marinated mushrooms on wrap	
EGGPLANT PARMESAN Breaded eggplant, marinara sauce, mozzarella on sub roll	8.25
PORTABELLA CAPRESE	8.25
Roasted mushrooms, tomato, romaine, fresh buffalo mozzarella, basil pesto on wrap	
HOMEMADE FALAFEL	8.25
With lettuce, tomato, cucumber, onion and homemade tahini sauce, wrapped in grilled pita or your choice of wrap	
VEGETABLE LASAGNA	8.95

FRESH SALADS

HOUSE SALADS

GARDEN SALAD	6.50
Mixed greens with tomato, cucumber, onion, pepper and shredded carrots	
CAESAR SALAD	6.50
Romaine lettuce, shredded parmesan, housemade croutons, caesar dressing	
ADD SALMON OVER GARDEN OR CAESAR SALAD	11.95
GREEK SALAD	7.95
Mixed greens with tomato, cucumber, onion, Kalamata olives, feta cheese, pepperoncini and Greek dressing	
SPINACH SALAD	7.95
Baby spinach, roasted red peppers, onions, tomato, hard-boiled egg, bacon bits, honey mustard dressing	
ADD SALMON OVER GREEK OR SPINACH SALAD	11.95



SPECIALTY SALADS

CHEF SALAD	8.95
Garden salad with ham, turkey, American cheese and hard-boiled egg	
ANTIPASTO SALAD Garden salad with Italian meats and provolone	8.95
TACO SALAD Served with salsa and sour cream	8.95
Garden salad with taco seasoned beef, topped with cheddar cheese.	
CALIFORNIA COBB	9.95
Mixed greens with tomato, cucumber, red onion and sliced avocado, topped with layers of grilled chicken, bleu cheese crumbles, bacon bits and hard-boiled egg	
CHICKEN LABELLE	8.95
Mixed greens with grilled chicken, tomato, black olives, red onion and marinated mushrooms	
SESAME SWEET AND SOUR - CHICKEN OR SHRIMP	8.99 9.95
Mixed greens, onions, peppers, shredded carrots, broccoli, chow mein noodles, sesame seeds, Oriental dressing	
PORTABELLA CAPRESE	8.95
Romaine lettuce with roasted mushrooms, tomato, fresh mozzarella cheese, basil, roasted red pepper and balsamic dressing	
STRAWBERRY SALAD	8.95
Romaine lettuce, with grilled chicken, strawberries, blueberries, pineapples, mandarin oranges and pecans	
CHICKPEA SALAD	8.95
Chicken, mixed greens with red onion, tomato, cucumber, chickpeas and feta cheese	
GRILLED VEGGIE SALAD	8.95
Garden salad with assorted grilled vegetables and balsamic dressing	
CHICKEN SESAME SALAD	8.50
Romaine, chow mein noodles and sesame seeds	

ADDITIONS \$2.95 ea

- Grilled Chicken
- Teriyaki Chicken
- Buffalo Chicken
- Scoop of Egg Salad
- Cajun Chicken
- Scoop of Chicken Salad
- Lemon Pepper Chicken
- Scoop of Cape Cod Chicken Salad
- Scoop of Tuna Salad
- Scoop of Seafood Salad

ANY SALAD WITH GRILLED CHICKEN LISTED IN THE INGREDIENTS CAN SUBSTITUTE FOR BUFFALO, CAJUN STYLE, LEMON PEPPER OR TERIYAKI CHICKEN AT NO ADDITIONAL CHARGE

ADDITIONS \$4.95 ea

- Shrimp
- Salmon
- Tuna Steak

DRESSINGS Extra 50¢ ea

- Greek
- Balsamic
- Poppy Seed
- Lite Italian
- Caesar
- Ranch
- Oriental Ginger
- Feta Free
- Italian
- Blue Cheese
- Oil & Vinegar
- Raspberry

Our dressing are crafted in-house using only the finest ingredients and spices. No preservatives or artificial flavorings

SIGNATURE SANDWICHES & WRAPS



COLD SANDWICHES

SACRAMENTO Chicken salad, guacamole, bacon, lettuce, tomato on sub roll	8.45
LITTLE ITALY Genoa salami, capicola, mortadella, ham, lettuce, tomato, onion, roasted peppers, Italian dressing on ciabatta	8.75
TRIPLE PLAY Turkey, roast beef, bacon, American cheese, lettuce, tomato, mayo on ciabatta	8.75
MEAT LOVERS Ham, turkey, roast beef, bacon, salami, American cheese, seasoned olive oil, lettuce, tomato on sub roll	8.75
RUSSIAN Roast beef, cheddar, lettuce, tomato, onion, thousand island dressing on ciabatta	8.75
DEMOCRAT Ham, turkey, American cheese, lettuce, tomato, honey mustard on ciabatta	8.75
REPUBLICAN Roast beef, turkey, bacon, Swiss, coleslaw, thousand island dressing on ciabatta	8.75
TURKEY BACON RANCH Swiss cheese, lettuce, tomato, onion, ranch dressing on sub roll	8.45
CALIFORNIA CLUB Turkey, Swiss cheese, guacamole, lettuce, tomato, mayo on ciabatta	8.65
BLUE MOON Roast beef, lettuce, tomato, onion, blue cheese	8.65

HOT SANDWICHES

THANKSGIVING DELIGHT Turkey, cranberry sauce, stuffing on ciabatta	8.25
CHICKEN DELUXE Lettuce, tomato, bacon, mayo, American cheese on ciabatta	8.25
CHICKEN CORDON BLEU Lettuce, tomato, ham, Swiss cheese, honey mustard on ciabatta	8.25
TRIPLE DECK CLUB SANDWICH Your choice of Ham, Turkey, Roast Beef, Tuna or Chicken Salad with lettuce, tomato, bacon and mayo. Served on toasted white, wheat, light or dark rye bread	8.75
REUBEN Corned beef, sauerkraut, Swiss, thousand island dressing on dark rye	8.75
RACHEL Turkey, coleslaw, Swiss, thousand island dressing on light rye	8.75
WHITE ALBACORE TUNA MELT Grilled white albacore tuna salad sandwich prepared with your choice of bread and cheese	8.25
HOT CORNED BEEF Spicy mustard on bulkie roll	8.25
HOT PASTRAMI Swiss cheese, spicy mustard on bulkie roll	8.45
CHICKEN CHIPOTLE Lettuce, tomato, roasted peppers, cheddar, chipotle mayo on ciabatta	8.25
BBQ PULLED PORK Cheddar on bulkie roll	8.25
CUBANO BBQ pork, ham, pickles, Swiss cheese, spicy mustard on bulkie roll	8.75
FENWAY Sweet Italian sausage, grilled onions and peppers, provolone, spicy mustard on sub roll	8.45
CHEESEBURGER SUB Hamburger, lettuce, tomato, your choice of cheese	8.50
SAUSAGE PARMESAN Homemade marinara sauce, mozzarella cheese on sub roll	8.25
MEATBALL PARMESAN Homemade marinara sauce, mozzarella cheese on sub roll	8.25
MEATBALL AND SAUSAGE COMBO Homemade marinara sauce, mozzarella cheese on sub roll	8.50
CHICKEN PARMESAN Grilled chicken, homemade marinara sauce, mozzarella on sub roll	8.50
BBQ CHICKEN Lettuce, tomato, red onion, cheddar cheese on bulkie roll	7.95
CHICKEN FAJITA Grilled onions and peppers, lettuce, cajun spice, cheddar, sour cream, mild salsa on wrap	8.25
MEXICAN Taco seasoned beef, lettuce, tomato, cheddar, sour cream and mild salsa on wrap	8.25
CHICKEN OR SHRIMP STIR FRY Grilled mushrooms, onions and peppers, broccoli, carrots, teriyaki sauce on wrap	8.50 9.50
CHICKEN OR SHRIMP MEDITERRANEAN Feta cheese, baby spinach, tomato, black olives, onions, Greek dressing on wrap	8.50 9.50
BUFFALO CHICKEN Lettuce, tomato, blue cheese dressing on wrap	8.25
CHICKEN OR SHRIMP CAESAR Romaine lettuce, parmesan cheese, caesar dressing on wrap	8.50 9.50
SESAME CHICKEN OR SHRIMP Grilled onions, peppers, lettuce, chow mein noodles, sweet and sour sauce on wrap	8.50 9.50
CHICKEN PHILLY BBQ chicken, grilled mushroom, onion, peppers, American cheese on wrap	8.45
HONEY CHICKEN Lettuce, tomato, honey mustard on bulkie roll	8.25

AUTHENTIK GYROS

Rotisserie Cooked & Shaved Gyro

CHOICE OF LAMB/BEEF OR CHICKEN

ON GRILLED PITA OR ANY WRAP With onions, tomatoes and tzatziki sauce	9.25
AS A PLATE Served with your choice of 2 sides: Roasted potato, rice pilaf or garden salad	12.95
OVER GARDEN SALAD	11.95
OVER GREEK SALAD	12.95



FROM SPOODLES KITCHEN

	A la Carte (no sides)	Plate
MOUSSAKA Layers of sweet eggplant, potato, zucchini and seasoned meat, topped with creamy bechamel sauce	9.45	10.95
PASTICHIO - PASTA PIE Layers of macaroni and seasoned ground meat topped with bechamel sauce	8.95	10.95
VEGGIE STUFFED GRAPE LEAVES - DOLMADAKIA Tender vine leaves stuffed with herbed rice and topped with lemon sauce	7.95	10.95
SPINACH PIE - SPANAKOPITA Seasoned spinach and feta cheese layered in a flaky phylo dough and baked to a golden crisp	6.25	9.95

ALL OF THE ABOVE SERVED WITH YOUR CHOICE OF 2 SIDES:
ROASTED POTATO, RICE PILAF OR GARDEN SALAD

FROM SPOODLES GRILL

SOUVLAKI KEBABS

Tender cubes of a variety of fresh meats, marinated in our special house marinade, skewered and grilled

	Plate
CHICKEN KEBAB	10.50
BBQ CHICKEN KEBAB Also basted in tangy barbecue sauce	10.50
BEEF KEBAB	13.95
LAMB KEBAB	14.95

ALL OF THE ABOVE SERVED IN A GRILLED PITA OR CHOICE OF WRAP WITH ONIONS, TOMATOES AND TZATZIKI SAUCE

OR AS A PLATE WITH YOUR CHOICE OF 2 SIDES:
ROASTED POTATO, RICE PILAF OR GARDEN SALAD



HOMEMADE DESSERTS

HOMEMADE BAKLAVA	2.95
ASSORTED COOKIES	2.10
FUDGE BROWNIES	2.10
FRESH CUT FRUIT BOWLS	4.99



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HOURS MONDAY-FRIDAY: 10AM-4PM

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FOR ANY OCCASION SMALL OR LARGE CHECK OUT OUR EXTENSIVE CATERING MENU

QUICK - FRESH - QUALITY

WE AT SPOODLES ARE COMMITTED TO PROVIDING YOU WITH QUICK, FRESH, AND HEALTHY CUISINE. ALL OUR SOUPS ARE MADE THE OLD FASHIONED WAY, FROM SCRATCH. HOMEMADE, USING THE FINEST INGREDIENTS AND STOCKS. OUR GOURMET TURKEY, ROAST BEEF AND HAM ARE COOKED IN HOUSE EVERY MORNING. THE REAL THING! WE USE FRESH SKINLESS BREST OF CHICKEN, LEAN AND TENDER DELI MEATS AND LOADS OF FRESH VEGETABLES. ALL OF OUR MEALS ARE PREPARED TO ORDER, MAINTAINING THE HIGHEST LEVELS OF QUALITY AND TASTE.

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