

SPOODLES DELI FRESH JUICE BAR

FRESH JUICES \$7.75

GREEN DRINK

Spinach, Kale, Apple, Ginger, Lemon
Celery, Cucumber

HYDRATION

Cucumber, Apple, Ginger, Lemon,
Pineapple

BREW

Carrot, Pineapple, Orange, Apple, Turmeric

GOOD BYE FLU

Grapefruit, Orange, Apple, Carrot, Lemon
Ginger, Turmeric

RUBY RED

Beet, Apple, Orange, Carrot, Lemon, Ginger

ACAI BOWLS \$9.95

WORCESTER HOME TOWN

Blended: Acai Berry, Blueberry, Strawberry,
Banana, Spinach, Almond milk

Toppings: Fresh strawberries and
Blueberries, Banana, Almonds, Agave

SPOODLES BOWL

Blended: Acai Berry, Blueberry, Strawberry,
Banana, Coconut Water

Toppings: Fresh strawberries and
Blueberries, Banana, Pineapple, Agave

PROTEIN BOWL

Blended: Acai Berry, Blueberry, Strawberry,
Peanut butter, Banana, Protein (Vanilla or
Chocolate), Almond milk

Toppings: Fresh strawberries and
Blueberries, Granola, Banana, Agave

SPOOTHIES \$7.75

TRIPLE BERRY

Strawberry, Raspberry, Blueberry, Banana,
Almond milk

BANANA BREAKFAST

Banana, Strawberry, Peanut butter, Protein
(Vanilla OR Chocolate), Almond milk

HAWAII

Mango, Pineapple, Banana, Coconut water
Or Almond milk

KALE ORANGE

Kale, Orange, Banana, Mango, Coconut
water

POPEYE

Spinach, Blueberry, Banana, Kale, Greek
Yogurt, Almond milk

AWESOME AVOCADO

Avocado, Strawberry, Spinach, Kale,
Banana, Almond milk

BLACK CHERRY BEET

Black Cherry, Beet, Banana, old fashion oat,
Almond milk

ADD PROTEIN \$1.25

**(VANILLA OR
CHOCOLATE)**

YOGURT PARFAIT \$8.95

**GREEK YOGURT, GRANOLA,
STRAWBERRY, BLUEBERRY,
BANANA**

SpoodlesDeli@gmail.com – 508.755.0800

PLEASE INFORM US IF SOMEONE IN YOUR PARTY HAS FOOD OR NUTS ALLERGY!!!!